Week	Week Commencin	g: 2 <sup>nd</sup> Sept, 16 <sup>th</sup> Sep		Salad bar, bread, fresh fruit and yoghurt served daily	
One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN CHOICE	Cheese & Tomato Pizza (v)	Sliced Roast Turkey with Yorkshire Pudding & Gravy	Chicken Pie with Mash Potato	Sausage Roast with Yorkshire Pudding & Gravy	Crispy Omega Three Fish Fingers or Ocean Friendly Fingers
VEGGIE	Quorn & Vegetable Noodles (v)	Sliced Quorn Roast (v)with Yorkshire Pudding & Gravy	Meat Free Burrito	Toad in the Hole with Gravy (v)	Mexican Rice Salad with mixed beans, sliced avocado and diced feta cheese (v)
lighter BITE	Jacket Potato with Baked Beans	Cheese Toastie	Baguette with Shredded Ham & Salad	Jacket Potato with Tuna & Sweetcorn (v)	Bacon Baguette with optional lettuce & tomato
SIDES	Garlic & Herb Jacket Wedges Salad Bar	Mini Roasties Seasonal Vegetables Salad Selection	Seasoned Diced Potatoes Seasonal Vegetables	Garlic & Herb New Potatoes Seasonal Vegetables Salad Bar	Crispy Chips Peas & Sweetcorn Salad Bar
DESSERT	Bakewell Cherry Slice	Fresh Fruit Bar	Waffle Finger with Sliced Banana & Chocolate Sauce	Pineapple & Coconut Sponge with cream	Ice Cream Bar (a choice of flavours with toppings and sauce)

Mary Mary

Week	Week Commencing: 9 <sup>th</sup> Sept, 23 <sup>rd</sup> Sept, 7 <sup>th</sup> Oct, 21 <sup>st</sup> Oct			Salad bar, bread, fresh fruit and yoghurt served daily	
Two	MONDAY	TUESDAY		THURSDAY	FRIDAY
MAIN CHOICE	A Slice of Cheese & Tomato Pizza	Sliced Roast Chicken with Yorkshire pudding & Gravy.	Chinese Shredded Chicken with Noodles	Sliced Roast Gammon with Yorkshire Pudding & Gravy	Crispy Fish Fillet with Ketchup
VEGGIE	Halloumi in a soft wrap with crispy lettuce, sliced peppers and cucumber	Roasted Vegetable Pie	Quorn & Vegetable Stir Fry with Noodles (v)	Sliced Quorn Roast with Yorkshire Pudding & Gravy (v)	Quorn Vegan Nuggets with Ketchup
lighter BITE	Jacket Potato with Baked Beans (v)	Sausage Baguette with a mixed salad & optional crispy onions	Cheese & Broccoli Quiche	Hot chicken in a roll with stuffing & a side salad	Jacket Potato with Baked Beans
SIDES	Jacket Wedges Sweetcorn & Cucumber salad Salad Bar	Roast Potatoes Roasted Vegetables Salad Bar	Seasonal Vegetables Salad Bar	Roast Potatoes Seasonal Vegetables Salad Bar	Crispy Chips Baked Beans Peas Salad Bar
DESSERT	Carrot Cake with frosting	Fruit Bar	Mini Fresh Fruit Pavlova & chocolate sauce.	Marble cake	Apple Pie & ice Cream